



Addiction Screen Tool

- Should I be concerned that I have an alcohol/drug problem? Consider these questions below.
- Do you miss time from work due to drinking/drugging?
- Is drinking/drugging making your home life unhappy?
- Do you drink/use drugs because you feel insecure around others?
- Is drinking/drugging affecting your reputation?
- Have you ever had financial difficulties as a result of drinking/drugging?
- Do you feel remorse after drinking/drugging?
- Does drinking/drugging make you careless about your family's welfare?
- Have you experienced decreased ambition since you began drinking/drugging?
- Do you have drink/drug craving at a specific time each day?
- Do you want to drink/drug the next morning?
- Does drinking/drugging affect your sleep?
- Has your efficiency changed since drinking/drugging?
- Is drinking/drugging jeopardizing your job?
- Do you use alcohol/drugs to escape from worries or trouble?
- Do you drink/use drugs alone?
- Have you had a complete loss of memory as a result of drinking?
- Has a physician ever treated you for drinking?
- Do you drink to build self-confidence?
- Have you ever been in a treatment setting as a result of drinking/drugging?

If you did NOT answer YES to any of these questions, your alcohol/drug use is under control.

If you answered YES to any ONE of these questions, this is a definite warning that your alcohol/drug use may become problematic.

If you answered YES to TWO questions, you may want to consider seeking help.

If you answered YES to THREE OR MORE questions, you should take this seriously and get help now.



A CARF-Accredited Organization

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