

2009

Annual Report



 **First Step**
Addiction Recovery Programs

**First Step depends on the individuals, businesses and foundations whose gifts help us make the most of our resources.
We gratefully acknowledge all annual donors as members of the First Step Medallion Society.**

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This list includes donations received between July 1, 2008 and June 30, 2009. Every effort was made to ensure accuracy.
If an error was made, please accept our apology and call 941-552-2065 with the correction. Thank you.

A letter from our President & CEO and Board Chair

Dear Friends,

The clients of First Step continue to amaze us. They enter our programs fragile, but hopeful. By the time they've completed their treatment, we see confident individuals emerging. Many achieve long-term success for a life in recovery; others revisit treatment. They have goals and face challenges along the way.

Not unlike our clients, First Step is facing tremendous challenges. Several programs received funding cuts. We, too, felt fragile and fought to secure new funding in the form of governmental support, grants or donations. As our economy slowly recovers and strengthens, the road ahead is still full of uncertainty. Confidently, we will put our best foot forward so we may continue providing valuable treatment services for our community.

So many people have the courage to get help for their addictions. Please, help us help them.



David J. Beesley, MPH
President & CEO



Lynne D. Ross
Board Chair



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Mission

First Step prevents and treats alcohol and drug addictions, and associated disorders. We foster fully functioning, productive individuals by offering a full array of services in partnership with our community.

Services

Adult Detoxification
Adult Outpatient Counseling
Anger Alternatives Programming
Assessment and Referrals
Case Management
Co-occurring Diseases Program
Court-Mandated Offender Programs
Crisis Counseling
Crisis Stabilization
Drug Court
DUI & Drug Services
Early Intervention
Family Reunification Services & Support
G.E.D. Preparation
Halfway House

Homeless Care
Individual and Group Therapy
Marchman Act Referrals
Parenting Classes
Prevention Programs
Psychological Counseling
Residential Recovery Programs
School-Based Prevention and Intervention Services
Senior Outreach
Substance Abuse Education
Therapeutic Communities
Transitional Planning
Workforce Readiness
Youth Outpatient Counseling

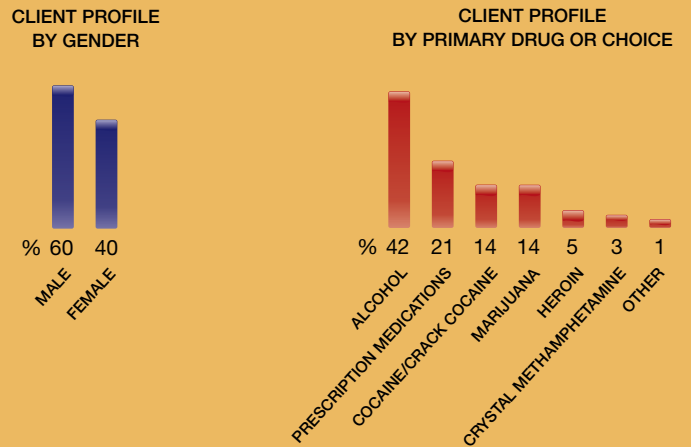
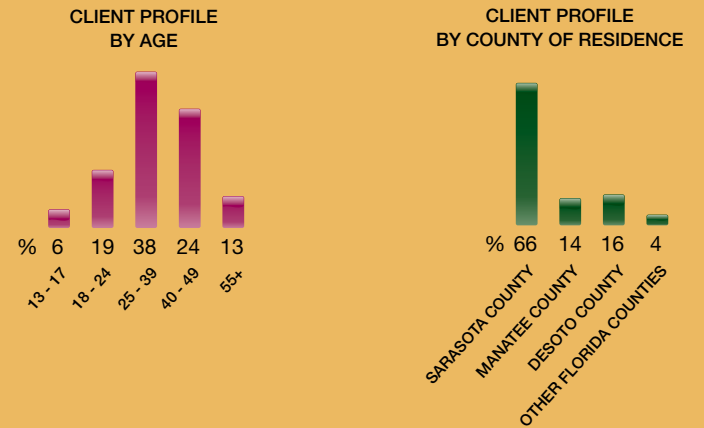
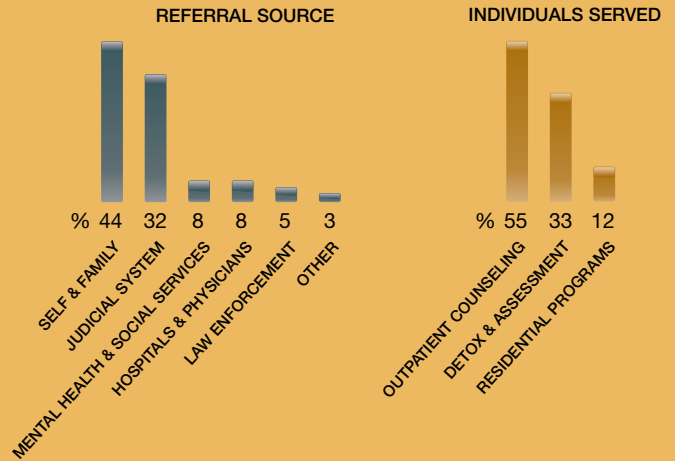
First Step provides services under contracts funded by the following:

Central Florida Behavioral Health Network
Florida Department of Children and Families
Florida Department of Corrections
Sarasota County
The Florida Center for Child and Family Development

United States Probation Office
U.S. Department of Health and Human Services Substance Abuse and Mental Health Services Administration



Client Demographics

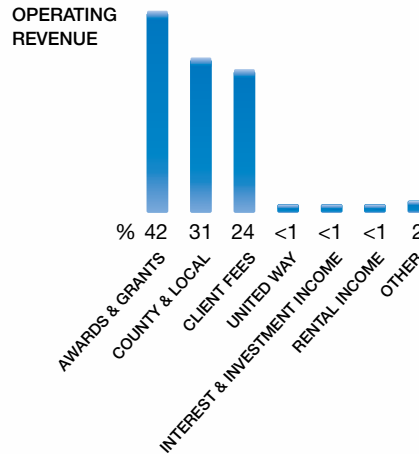


In FY09, First Step served a total of 13,918 individuals, including 5,322 in substance abuse recovery programs and 8,596 in community-based prevention and education programs.

Financial Report

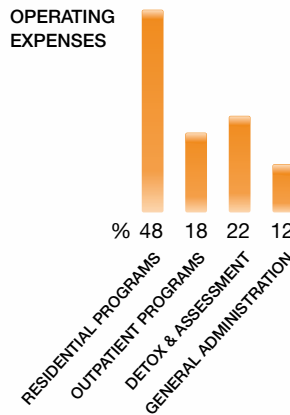
Operating Revenue and Support

Awards and Grants	\$ 3,809,706
County and Local	2,757,528
Client Fees	2,165,231
United Way	5,055
Contributions	69,805
Interest and Investments	9,806
Other Income	202,120
Total Operating Revenue and Support	\$9,019,251



Operating Expenses

Programs and Services	8,286,194
Administration	1,026,936
(Total Operating Expenses)	(9,313,130)



Net Assets

Change in Net Assets from Operation	(293,879)
Other Changes	
Capital Contribution	31,911
Gain on Disposal	135,382
(Decrease) in Net Assets	(126,586)
Net Assets, Beginning of Year	6,240,804
Net Assets, End of Year	\$ 6,114,218

Year Ended June 30, 2009

Financial information prepared from financial statements of First Step of Sarasota, Inc., as audited by Purvis Gray and Company, Certified Public Accountants.

First Step is a 501 (c)(3) nonprofit organization. We rely on the generosity of our donors and friends to help fund the programs, services and capital improvements required to meet the increasing need for substance abuse recovery programs.



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Directory

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Main: 941-366-5333
800-266-6866

Administrative Offices
1970 Main Street,
5th Floor
Sarasota 34236

**Special Services Center &
Addictions Receiving Facility**
1726 18th Street
Sarasota 34234

Residential Center
4613 N. Washington Blvd.
Sarasota 34234

Family Services Center
1750 17th Street, Suite K-2
Sarasota 34234

Court Services
2075 Main Street, Suite 2-A
Sarasota 34237

Outpatient Offices
1750 17th Street, Suite J-2
Sarasota 34234

6497 Parkland Drive,
Suite P
Sarasota 34243

2210 S. Tamiami Trail,
Suite 10
Venice 34293

819 N. Mills Avenue,
Suite E
Arcadia 34266